

ARE YOU PREGNANT?

Created for pregnant people and new parents, Island Health's **Right from the Start** program offers support during pregnancy and beyond to parents, their babies, children and families.

Working in partnership with you and your care team, we offer:

- free health & pregnancy information
- education & support
- referrals to various community resources specific to your individual needs

Register now: islandhealth.ca/rightfromthestart

Questions? Email: rfts@islandhealth.ca

