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If you have Chlamydia and/or Gonorrhea, it is important to let your sex partners know that they should get tested and treated.

The QR codes and internet addresses in the table below take you to some websites that may help you understand Chlamydia and Gonorrhea, how to notify your sex partners anonymously, and where to get tested.

For Chlamydia and Gonorrhea:

- All sex partners in the last 60 days should be tested and treated as a sexual contact. If no sex partners in the last 60 days, the last sex partner should be tested and treated.
- People with a sexually transmitted infection and their partners should not have any sexual activity for 7 days after starting treatment.
- People with a sexually transmitted infection (STI), such as Chlamydia and Gonorrhea, should re-test in 6 months.

Information to help you talk to sex partners	Where to get tested
<p>https://smartsexresource.com/sexual-health/partners-communication/talking-to-your-partners/#telling-partner-you-have-sti</p> 	<p>https://smartsexresource.com/clinics-testing/</p> 
Tools to help notify partners anonymously	
<p>https://checkhimout.ca/tellyourpartners/</p> 	<p>https://tellyourpartner.org/</p> 
Information about STI's	
<p>Chlamydia: https://smartsexresource.com/sexually-transmitted-infections/stis-conditions/chlamydia/</p> 	<p>Gonorrhea: https://smartsexresource.com/sexually-transmitted-infections/stis-conditions/gonorrhea/</p> 