

SUPPORT IS A PHONE CALL AWAY

Crisis lines
are open 24/7



If you or your family have a mental health or substance use concern, call a crisis line.

Vancouver Island Crisis Line

is available 24/7 at

1-888-494-3888

KUU-US Crisis Line for Indigenous People

is available 24/7 at

1-800-588-8717



FOR MORE, SCAN THE QR CODE OR VISIT:
islandhealth.ca/right-care-right-place



Mental Health & Substance Use Service Link

1.888.885.8824



Call for information on mental health, substance use, harm reduction, addiction medicine and treatment services.

Call takers are available every day of the week.



Support – Not Stigma

Scan the QR code for islandhealth.ca/mhsu

