

## Vancouver Island Youth & Family Substance Use Services

SOUTH ISLAND			
Location	Organization	Services Offered	Contact Information
<b>VICTORIA / SOUTH ISLAND</b>	Victoria Youth Empowerment Society (YES) <a href="http://www.vyes.ca">www.vyes.ca</a>	<ul style="list-style-type: none"> <li>• Youth Outreach Team/Services</li> <li>• Supported Independent Living Counselors</li> <li>• Youth and Family Counselors including a Youth &amp; Family Outreach Counsellor</li> <li>• Wellness Program</li> <li>• Youth Detox</li> <li>• Youth Shelter</li> <li>• Life skills Program</li> <li>• Alliance Club (Basic needs available)</li> <li>• Summer Opportunities Program</li> </ul>	533 Yates Street Victoria, BC V8W 1K7 Tel: 250-383-3514 Fax: 250-383-3812 Hours: 9:00 am - 5:00 pm Email: <a href="mailto:syd@vyes.ca">syd@vyes.ca</a>
	Foundry Victoria <a href="http://www.victoriayouthclinic.ca/">www.victoriayouthclinic.ca/</a>	<ul style="list-style-type: none"> <li>• Youth Counselling</li> <li>• Outreach support</li> <li>• Vaccines / Medical testing</li> <li>• Foundry Centre</li> </ul>	818 Douglas Street, 3 <sup>rd</sup> Floor Victoria, BC V8W 2B6 Tel: 250-383-3552 Fax: 250-383-3502 Hours: Monday-Thursday 11:00 am-5:00 pm Fridays 11:00 am-4:00 pm
	Threshold Housing Society Supportive Recovery Program <a href="http://www.thresholdhousing.ca/supportive-recovery/">www.thresholdhousing.ca/supportive-recovery/</a>	<ul style="list-style-type: none"> <li>• Withdrawal Management &amp; Supportive Recovery Beds</li> <li>• Supportive Housing Program</li> <li>• Case Management</li> <li>• Life Skills Program</li> <li>• Counselling</li> </ul>	1524 Fort Street Victoria, BC V8S 5J2 Tel: 250-383-8830 Hours: 9:00 am - 4:00 pm Email: <a href="mailto:assist@thresholdhousing.ca">assist@thresholdhousing.ca</a>
	Island Health, Discovery Youth & Family Substance Use Services <a href="http://www.islandhealth.ca">www.islandhealth.ca</a> search for "Discovery Youth"	South Island services: <ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Prevention &amp; Early Intervention</li> <li>• Services offered in the office, community &amp; school settings</li> </ul>	Esquimalt Health Unit 530 Fraser Street, 2 <sup>nd</sup> Floor Victoria, BC V9A 6H7 Tel: 250-519-5313 Fax: 250-519-5314 Hours: 8:30 am - 4:30 pm Email: <a href="mailto:Discovery.SouthIsland@islandhealth.ca">Discovery.SouthIsland@islandhealth.ca</a>
	Sooke Family Resource Society <a href="http://www.sfrs.ca">www.sfrs.ca</a>	<ul style="list-style-type: none"> <li>• Youth Outreach and Navigator Service</li> </ul>	105 – 2145 Townsend Road Sooke, BC V9Z 0H3 Tel: 250-642-5152 Fax: 250-642-7663 Hours: By appointment Email: <a href="mailto:info@sfrs.ca">info@sfrs.ca</a>

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<b>VICTORIA / SOUTH ISLAND</b>	Youth Short Term Assessment and Response (Y-STAR)	<ul style="list-style-type: none"> <li>• Crisis Assessment &amp; Response</li> <li>• Substance Use Treatment Support</li> <li>• Overdose Prevention &amp; follow-up</li> <li>• Connection to Services</li> <li>• Transition Support</li> <li>• Resource &amp; Referral Coordination</li> <li>• Outreach</li> <li>• Harm Reduction</li> </ul>	Esquimalt Health Unit 530 Fraser Street, 2 <sup>nd</sup> floor Victoria, BC V9A 6H7 Tel: 250-519-3050 Fax: 250-519-5159 Hours: 8:30 am-4:30 pm
	Youth Tier 5 (YT5) Mobile Intensive Case Management Team	<ul style="list-style-type: none"> <li>• Outreach Support</li> <li>• Wrap-around Case Management &amp; Support (including social workers, nursing &amp; nurse practitioner).</li> <li>• Support for high-risk youth with high level so substance use who do not have other significant supports.</li> </ul>	Esquimalt Health Unit 530 Fraser St, 1 <sup>st</sup> Floor Victoria, BC V9A 6H7 Tel: 250-519-5274 Fax: 250-519-6952 Hours: 8:00 am – 5:30 pm Email: <a href="mailto:ICMTYouth@islandhealth.ca">ICMTYouth@islandhealth.ca</a>
<b>GULF ISLANDS</b>	Salt Spring Island Community Services <a href="http://www.saltspringcommunityservices.ca">www.saltspringcommunityservices.ca</a>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Youth Outreach Services</li> </ul>	268 Fulford-Ganges Road Salt Spring Island, BC V9K 2K6 Tel: 250-537-9971 Fax: 250-537-9974 Hours: 9:00 am - 4:00 pm
<b>CENTRAL ISLAND</b>			
<b>COWICHAN VALLEY AREA</b>	Island Health, Discovery Youth & Family Substance Use Services <a href="http://www.islandhealth.ca">www.islandhealth.ca</a> search for “Discovery Youth”	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Prevention &amp; Early Intervention</li> <li>• Services offered in the office, community &amp; school settings</li> </ul>	2041 Tzouhalem Road Duncan, BC V9L 5L6 Tel: 250-737-2029 Fax: 250-709-3046 Hours: by appointment Email: <a href="mailto:Discovery@islandhealth.ca">Discovery@islandhealth.ca</a>
	Youth Short Term Assessment and Response (Y-STAR)	<ul style="list-style-type: none"> <li>• Crisis Assessment &amp; Response</li> <li>• Substance Use Treatment Support</li> <li>• Overdose Prevention &amp; follow-up</li> <li>• Connection to Services</li> <li>• Transition Support</li> <li>• Resource &amp; Referral Coordination</li> <li>• Outreach</li> <li>• Harm Reduction</li> </ul>	2041 Tzouhalem Road Duncan, BC V9L 5L6 Tel: 250-737-2029 Fax: 250-709-3046 Hours: 7 days a week/365 days a year 9:00 am to 5:00 pm

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<p><b>LADYSMITH</b></p>	<p>Island Health, Discovery Youth &amp; Family Substance Use Services</p> <p><a href="http://www.islandhealth.ca">www.islandhealth.ca</a> search for “Discovery Youth”</p>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Prevention &amp; Early Intervention</li> <li>• Services offered in the office, community &amp; school settings</li> </ul>	<p>1111 – 4<sup>th</sup> Avenue Ladysmith, BC V9G 1A1 Tel: 250-739-5790 Fax: 250-740-2672 Hours: by appointment Email: <a href="mailto:Discovery@islandhealth.ca">Discovery@islandhealth.ca</a></p>
<p><b>NANAIMO</b></p>	<p>Island Health, Discovery Youth &amp; Family Substance Use Services</p> <p><a href="http://www.islandhealth.ca">www.islandhealth.ca</a> search for “Discovery Youth”</p>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Prevention &amp; Early Intervention</li> <li>• Services offered in the office, community &amp; school settings</li> </ul>	<p>206 – 96 Cavan Street Nanaimo, BC V9R 2V1 Tel: 250-739-5790 Fax: 250-740-2672 Hours: 8:30 am - 5:00 pm Email: <a href="mailto:Discovery@islandhealth.ca">Discovery@islandhealth.ca</a></p>
<p><b>NANAIMO</b></p>	<p>NARSF Programs <a href="http://www.narsf.org">www.narsf.org</a></p>	<ul style="list-style-type: none"> <li>• Transitions Youth Withdrawal Management/Supportive Recovery Beds &amp; Pathways to Wellness Groups</li> <li>• LIFT (Living in Families with Teens)</li> <li>• Sexual Abuse Intervention Program (SAIP)</li> <li>• Eating Disorders Program (ED)</li> <li>• Youth Service Program (MCFD referral only)</li> <li>• Mental Health Outreach (CYMH referral only)</li> <li>• Dignity &amp; Respect Program (MCFD referral only)</li> <li>• Harm Reduction Services             <ul style="list-style-type: none"> <li>- Health Matters Clinic</li> <li>- Mobile Health Outreach</li> </ul> </li> </ul>	<p>NARSF Admin Office 201 – 170 Wallace Street Nanaimo, BC V9R 5B1 Tel: 250-754-2773 Fax: 250-754-1605</p> <p>Transitions Group Space 300 Terminal Avenue Nanaimo, BC Intake Line: 250-714-8167</p> <p>SAIP, LIFT, ED Intake Line: 250-754-2773 ext. 102</p> <p>Health Matters Clinic (STI Testing) 250-753-6759</p> <p>Mobile Health Outreach (Harm Reduction Services) 1-844-482-4239</p>
	<p>Tillicum Lelum Aboriginal Friendship Centre <a href="http://www.tillicumlelum.ca">www.tillicumlelum.ca</a></p>	<ul style="list-style-type: none"> <li>• Short-term Youth Safe House</li> </ul>	<p>927 Haliburton Street Nanaimo, BC V9R 6N4 Tel: 250-753-8291 Fax: 250-753-6560</p> <p>Youth Safe House: Tel: 250-753-8266</p>

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<p><b>NANAIMO</b></p>	<p>Youth Short Term Assessment and Response (Y-STAR)</p>	<ul style="list-style-type: none"> <li>• Crisis Assessment &amp; Response</li> <li>• Substance Use Treatment Support</li> <li>• Overdose Prevention &amp; follow-up</li> <li>• Connection to Services</li> <li>• Transition Support</li> <li>• Resource &amp; Referral Coordination</li> <li>• Outreach</li> <li>• Harm Reduction</li> </ul>	<p>206 – 96 Cavan Street Nanaimo, BC V9R 2V1 Tel: 250-739-5790 Fax: 250-740-2672 Hours: 7 days a week/365 days a year 9:00 am -5:00 pm</p>
<p><b>PARKSVILLE / QUALICUM</b></p>	<p>Island Health Discovery Youth &amp; Family Substance Use Services  <a href="http://www.islandhealth.ca">www.islandhealth.ca</a> search for “Discovery Youth”</p>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Prevention &amp; Early Intervention</li> <li>• Services offered in the office, community &amp; school settings</li> </ul>	<p>Parksville Family Place 494 Bay Avenue Parksville, BC V9P 2G5 Tel: 250-947-8215 Fax: 250-947-8244 Hours: 8:30 am – 4:30 pm Email: <a href="mailto:Discovery@islandhealth.ca">Discovery@islandhealth.ca</a></p>
<p><b>PORT ALBERNI</b></p>	<p>Alberni Valley Drug &amp; Alcohol Prevention Service</p>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Prevention &amp; Early Intervention Services</li> </ul>	<p>4260A - 10<sup>th</sup> Avenue Port Alberni, BC V9Y 4X3 Tel: 250-724-6166 Fax: 778-421-0465 Hours: 8:30 am - 4:30 pm</p>
	<p>Youth Short Term Assessment and Response (Y-STAR)</p>	<ul style="list-style-type: none"> <li>• Crisis Assessment &amp; Response</li> <li>• Substance Use Treatment Support</li> <li>• Overdose Prevention &amp; follow-up</li> <li>• Connection to Services</li> <li>• Transition Support</li> <li>• Resource &amp; Referral Coordination</li> <li>• Outreach</li> <li>• Harm Reduction</li> </ul>	<p>5050 Strathern Street Port Alberni, BC V9Y 3E3 Tel: 250-731-1358 Fax: 250-731-1359 Hours: 7 days a week/365 days a year 8:30 am- 4:30 pm</p>
<p><b>WEST COAST</b></p>	<p>Westcoast Community Resources Society <a href="http://www.wccrs.ca">www.wccrs.ca</a></p>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Youth Outreach Services</li> </ul>	<p>500 Matterson Drive Ucluelet, BC V0R 3A0 Tel: 250-726-2343 Fax: 250-726-2353 Hours: Monday to Friday 9:00 am -4:30 pm</p>

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NORTH ISLAND			
<b>COURTENAY</b>	The John Howard Society of North Island <a href="http://www.jhsni.bc.ca">www.jhsni.bc.ca</a>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Alcohol and Drug treatment</li> <li>• School based Prevention</li> <li>• Youth Outreach Services</li> <li>• Withdrawal Management &amp; Supportive Recovery Beds</li> </ul>	1455 Cliffe Avenue Courtenay, BC V9N 2K6 Tel: 250-338-7341 Fax: 250-338-6568 Hours: 8:30 am - 4:30 pm
	Foundry Comox Valley <a href="http://Comox Valley - Foundry - (foundrybc.ca)">Comox Valley - Foundry - (foundrybc.ca)</a>	<ul style="list-style-type: none"> <li>• MHSU Services</li> <li>• Primary Care (Youth Physical Health)</li> <li>• Peer Support</li> <li>• Elders/Cultural Support</li> <li>• Youth Outreach</li> <li>• Youth to Adult Transition Support</li> <li>• Housing &amp; Employment Support</li> <li>• Youth &amp; Family Conflict Resolution</li> <li>• Aboriginal Youth Navigator</li> <li>• Wellness Groups</li> </ul>	575 10 <sup>th</sup> Street Courtenay, BC V9N 1P9 Tel: 250-338-7431 Hours: Mon/Wed/Friday – 8:30 am-4:30 pm Tuesday/Thursday – 10:00 am – 6:00 pm
<b>CAMPBELL RIVER</b>	The John Howard Society of North Island <a href="http://www.jhsni.bc.ca">www.jhsni.bc.ca</a>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• 180° Detox &amp; Stabilization Program</li> <li>• Youth Outreach Services</li> <li>• Youth Independent Living</li> <li>• Parent / Teen Mediation</li> <li>• Youth Community Services</li> <li>• Foundry Centre</li> </ul>	201 – 140A 10 <sup>th</sup> Avenue Campbell River, BC V9W 4E3 Tel: 250-286-0611 Fax: 250-286-3650 Hours: 8:30 am - 4:30 pm
	Youth Short Term Assessment and Response (Y-STAR)	<ul style="list-style-type: none"> <li>• Crisis Assessment &amp; Response</li> <li>• Substance Use Treatment Support</li> <li>• Overdose Prevention &amp; follow-up</li> <li>• Connection to Services</li> <li>• Transition Support</li> <li>• Resource &amp; Referral Coordination</li> <li>• Outreach</li> <li>• Harm Reduction</li> </ul>	Unit A-220 Dogwood Street Campbell River, BC V9W 2A6 Tel: 250-850-2188 Fax: 250-850-2639 Hours: 7 days a week/365 days a year 9:00 am- 5:00 pm
<b>HORNBY / DENMAN ISLAND</b>	Hornby and Denman Community Health Care Society <a href="http://www.hornbydenmanhealth.com">www.hornbydenmanhealth.com</a>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Youth Outreach Services</li> </ul>	1965 Sollans Road Hornby Island, BC V0R 1Z0 Tel: 250-335-2885 Youth Outreach: 250-443-1658 Hours: By appointment

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<p><b>GOLD RIVER / TAHSIS</b></p>	<p>The John Howard Society of North Island <a href="http://www.jhsni.bc.ca">www.jhsni.bc.ca</a></p>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Youth Outreach Services</li> </ul>	<p>601 Trumpeter Drive Gold River, BC V0P 1G0 Tel: 250 283-2626 ext. 2 Fax: 250-283-7561 Hours: 8:30am - 4:30pm</p>
<p><b>MT. WADDINGTON AREA</b></p>	<p>Island Health, Discovery Youth &amp; Family Substance Use Services <a href="http://www.islandhealth.ca">www.islandhealth.ca</a> search for "Discovery Youth"</p>	<ul style="list-style-type: none"> <li>• Youth &amp; Family Counselling</li> <li>• Prevention &amp; Early Intervention</li> <li>• Services offered in the office, community &amp; school settings</li> </ul>	<p>7305 Market Street Box 1035 Port Hardy, BC V0N 2P0 Tel: 250-902-6063 Fax: 250-902-6064 Hours: by appointment Email: <a href="mailto:Discovery@islandhealth.ca">Discovery@islandhealth.ca</a></p>
	<p>Youth Short Term Assessment and Response (Y-STAR)</p>	<ul style="list-style-type: none"> <li>• Crisis Assessment &amp; Response</li> <li>• Substance Use Treatment Support</li> <li>• Overdose Prevention &amp; follow-up</li> <li>• Connection to Services</li> <li>• Transition Support</li> <li>• Resource &amp; Referral Coordination</li> <li>• Outreach</li> <li>• Harm Reduction</li> </ul>	<p>7305 Market Street Port Hardy, BC V0N 2P0 Tel: 250-902-6063 ext. 66962 Fax: 250-902-6064 Hours: 7 days a week/365 days a year 9:00 am- 5:00 pm</p>