

# Brain Injury Program

Services to assist adults with acquired brain injury to regain, improve, or maintain function and independence.



## Brain Injury Program (BIP)

The Brain Injury Program is a community based program that provides services to assist adults with acquired brain injury in regaining, improving or maintaining function and/or independence.

Program services are non-emergency (non-urgent), post-acute, and in general follow outpatient rehabilitative services.

The Brain Injury Program collaborates with other Island Health programs.

## Brain Injury Program: Community Based Services

There are two main Community Service streams available to BIP clients, with direct support being carried out by independently contracted service provider agencies partnered with Island Health.

### IADL Supports

Longer-term community supports that work with an individual by providing task specific sustained intervention in a community setting to maintain stability.

- Maximum of 15 support hours per month
- Non-emergency based support
- Task specific support only- e.g. facilitation of medical appointments, twice a month grocery shopping, assistance with medical renewal etc.

### Transitional Supports

Short term community supports that work with an individual to address instrumental activities of daily living (IADLs) and behavioural support needs by implementing compensatory strategies in a community setting

- Maximum duration of 26 weeks
- Maximum of 8 hours per week
- Does not provide long-term support

## Adult Day Program

The Brain Injury Program has limited spaces within two existing day program resources located in Victoria and Duncan.

These day programs can provide successful applicants opportunities to participate in engaging with recreational, horticultural and social activities with staff support and encouragement. Each resources has specific eligibility criteria and can be accessed through an application to BIP.

## Supported Independent Living Options

The Brain Injury Program has limited Supported Independent Living Options that provide accommodation supports in an abstinence-based setting.

These supports are delivered in a variety of settings: Family Care Homes, Transitional Supported Apartments and Group Living situations located in communities across Vancouver Island.

The type of support and specific care in these resources varies based on a client's ability to independently manage activities of daily living. Please note none of the resources have secured or locked environments.

All Supported Independent Living Options generally run at capacity. Any questions about availability should be directed to BIP at 250-519-5299.

## Eligibility

1. Be 19 years and older
2. Diagnosis or medical evidence of an acquired brain injury after birth (e.g. CT Scan, MRI report, neurological or physiatrist's report, OT report)
3. Live within the boundaries of Island Health and meet residency requirements as defined by Community Health Services
4. No, or limited funding or access, to services from other sources such as ICBC, Work Safe, Crime Victim Assistance Program, Veterans Affairs Canada, etc.

In addition to the above general criteria, certain programs within the BIP have additional eligibility requirements.

## Accessing Services

All referrals to the Brain Injury Program are through the Community Access Line in your region:

South Island (all communities south of Mill Bay, including Greater Victoria, the Southern Gulf Islands, and west to Port Renfrew)  
250-388-CARE (2273)  
1-888-533-2273

Centre Island (all communities from Mill Bay to Deep Bay, including Gabriola Island)  
250-739-5749  
1-877-734-4101

North Island (all communities north of Deep Bay including the North Vancouver Island Regional District and adjacent Gulf Islands, Port Alberni, and Tofino)  
250-331-8570  
1-866-928-4988

## Partner Programs and Community Resources

In addition to Island Health, there are community organizations that receive funding from the health authority to support individuals with Brain Injury.

These Brain Injury Societies offer varying types of support such as drop in programs, support groups, education, advocacy and awareness.

A more detailed list of current supports and programming available can be found on each of the individual society's website, as listed below:

Victoria Brain Injury Society  
[www.vbis.ca](http://www.vbis.ca)  
[250-598-9339](tel:250-598-9339)

Nanaimo Brain Injury Society  
[www.nbis.ca](http://www.nbis.ca)  
[250-753-5600](tel:250-753-5600)

Comox Valley Head Injury Society  
[www.cvhis.org](http://www.cvhis.org)  
[250-334-9225](tel:250-334-9225)

Campbell River Head Injury Support Society  
[www.crhead.ca](http://www.crhead.ca)  
[250-287-4323](tel:250-287-4323)

Cowichan Brain Injury Society  
[www.cowichanbraininjury.org](http://www.cowichanbraininjury.org)  
[250-597-4662](tel:250-597-4662)

## Island Health Brain Injury Program

### Contact

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Fax: 250-519-5258