

Considering Long-Term Care

Understand your Care Options



If you are facing challenges living safely at home, Community Health Services can help. Our services include palliative and end-of-life care.

Accessing Long-Term Care

Long-term care provides 24-hour support for those with complex needs who can no longer be cared for at home.

A case manager will assess eligibility for long-term care once all other community care options have been exhausted.

You may be eligible if:

- You need 24-hour professional nursing supervision and care that cannot be met in the community.
- Remaining in your current environment poses significant risk.
- Any illnesses causing the need for long-term care have been treated and followed up by your physician or care team.
- You do not have a caregiver, or your caregiver can no longer provide care.

It's important to know that long-term care isn't the right solution for everyone.

Community Health Services offer services and programs to help you remain safe and comfortable in your own home for as long as possible.

If you do need to move into long-term care, your case manager will guide you through each step, ensuring you and your family know what to expect.

Community Health Services

Community Health Services offer care in your home and local community clinics. Services include:

Home Support

Home visits to help with medications and personal care (bathing, grooming, dressing).

Choice in Supports for Independent Living (CSIL)

Funds for eligible clients to purchase and manage their own home support services.

Physiotherapy and Occupational Therapy

Goal-Focused rehabilitation to support independence and safety in the home.

Nursing Services

Medical care and education either at home or in a clinic.

Respiratory Therapy

Support and education for individuals with respiratory disease.

Community Virtual Care

Manage your health conditions from home with 1:1 support and remote monitoring.

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Transitioning from Hospital Care

If you're in the hospital, your care team will work with you and your caregiver(s) to ensure a smooth transition home.

In most circumstances, you will not be referred to long-term care from the hospital.

Once home, Community Health Services, your personal support network, and other community supports can provide help to keep you safe and comfortable in familiar surroundings for as long as possible.

Caregiver Support

Caregivers play a vital role in the health and happiness of those they support.

Our caregiver support options provide temporary breaks for caregivers while ensuring quality care for their loved ones.

Adult Day Program

Friendly community-based programs for clients, offering activities, health monitoring, social interaction, and a healthy meal and snacks.

Facility Respite Care

Short-term overnight stays in licensed care facilities.

Community Virtual Care Caregiver Support Program

This program provides online counselling, skill building classes, and support groups to family caregivers looking to improve their emotional wellbeing and coping skills.

Long-Term Care Waitlist

If you are accepted for long-term care, you will be assigned a "waitlist date," which is the point at which your application enters the system.

Wait times for admission to long-term care vary. The right placement depends on factors such as urgency of need, availability, and your specific care requests. Talk to your case manager about the best way to select your preferred care homes.

Support Services

Call the Community Access Line to request an assessment for Community Health Services.

South Island

250-388-2273

1-888-533-2273

Centre Island

250-739-5749

1-877-734-4101

North Island

250-331-8570

1-866-928-4988