

Facility Respite Care

Short-term overnight care for clients.



What is Facility Respite Care?

Facility respite offers clients pre-booked overnight care in licensed care facilities.

Benefits

For the caregiver:

- A chance to rest and recharge
- Time to connect with community
- Ability to travel or go out of town

Trusting others with the care of your loved one can feel challenging, but a break can benefit your long-term ability to provide support.

For clients:

- A change of scenery
- Social interaction and activities
- Professional care and support

Starting respite care early in your care journey can make transition periods less challenging, especially for those with dementia.

Cost

There is a minimal daily cost, subsidized by Island Health. Your Case Manager will tell you the current rate.

Locations

Island Health has 15 locations across Vancouver Island, including Greater Victoria, Chemainus, Ladysmith, Nanaimo, Parksville, Port Alberni, Cumberland, Courtney, Comox, and Campbell River.

Booking a Stay

You can book your first respite stay 2 weeks after the Case Manager completes their assessment.

Call the respite booking line for your area and leave a voice message that includes your full name and phone number.

The booking team will return your call within 3-5 business days.

South Island: 250-370-5602
Central Island: 250-519-5272
North Island: 250-519-6004
Toll Free: 1-866-977-5778

If your last respite stay was more than 1 year ago, contact your Case Manager to arrange a reassessment.

Length of Stay

A client is entitled to a maximum of 36 nights per year. Most stays are booked as a block of 6 or 7 nights.



Preparing For a Stay

Take a tour of the facility you are attending. Ask questions about medications, billing, meals, visitations, and anything else that is on your mind.

You should also:

- Be clear about pick up and drop off times
- Understand how billing works ahead of time
- Complete any paperwork before you arrive
- Cancel all community services for the duration of the stay
- Label all client's personal items (some locations have a labelling service)
- Check your location's medication procedure
- Be prepared to bring equipment you use at home such as walkers or custom items
- Provide an information sheet about the client with some details on what they like and how to support them
- Bring favourite photographs, blankets, and snacks to feel at home
- Bring books, crosswords, and crafts the client enjoys

Eligibility

Your Community Health Services Case Manager will help determine your eligibility.

If you do not have a Case Manager, call the Community Access Line in your area for further information:

South Island Access Line
250-388-2273
Toll Free: 1-888-533-2273

Centre Island Access Line
250-739-5749
Toll Free: 1-877-734-4101

North Island Access Line
250-331-8570
Toll Free: 1-866-928-4988

Learn More

Scan the QR code below with your smartphone camera to go to www.islandhealth.ca/facility-respite.

Here you can learn more about our respite services and explore our facility locations.



Created: February 2024