



Population & Public Health Healthy Schools

islandhealth.ca/healthyschools



Who? Who we are

We are a multidisciplinary team committed to working with schools and school districts to support health promotion and illness prevention in school communities.

Our team includes Medical Health Officers (MHOs), Public Health Dietitians, Public Health Nurses, School Health Promoters, and a wide range of specialized health supports, including:

- Licensing
- Dental
- Audiology
- Environmental Health
- Injury Prevention
- Tobacco & Vapour Prevention & Control
- Data Analysis



Why? Vision

Healthy and thriving school communities

How? Guiding Principles

- * Support schools & school districts on their health goals
- * Acknowledge & value school partners who will direct & guide engagement
- * Prioritize youth-led initiatives & youth voices
- * Practice with cultural humility & cultural safety
- * Embed equity, diversity, inclusion, & trauma informed care approaches

FOCUS AREAS



NUTRITION, FOOD & WATER SECURITY



HOLISTIC WELLBEING



MENTAL WELLNESS



SEXUAL & REPRODUCTIVE HEALTH



SUBSTANCE USE LITERACY & PREVENTION



CLIMATE ACTION



INJURY PREVENTION



PHYSICAL ACTIVITY & LITERACY

The Healthy Schools team adopts the *Comprehensive School Health Approach* to address school health holistically & improve education outcomes.

What? Examples of Support



islandhealth.ca/healthyschools

School District Health Planning
Navigate & Provide Evidence-Based Health Information
Youth Sexual Health Clinics & Wellness Centres
Develop & Share Health-Related Information
Health Data Sharing & Interpretation

Navigate Funding Opportunities

Linking to Community Partners

Referrals to Clinical Partners

Health System Navigation

Childcare Licensing



Immunizations
Panel Presentations
Research & Resources
Health & Wellness Events
Active Transport Initiatives

School Food Programming & Nutrition Consultation
Professional Development & Knowledge Sharing
Tobacco & Vapour Prevention Consultation
Environmental Health Consultation
Climate Resiliency Planning

We also support Youth-Led Health Initiatives

Reach out to your local Island Health Healthy Schools team to discuss how we can support your school or school district's health-related goals & priorities.

General e-mail: HealthySchools@islandhealth.ca

For substance use clinical supports & referrals for children, youth & families, please contact: 250-519-5313