

## Vision

*Healthy and thriving school communities*

## Guiding Principles

- Support schools & school districts on their health goals
- Acknowledge & value school partners who will direct & guide engagement
- Prioritize youth-led initiatives & youth voices
- Practice with cultural humility & cultural safety
- Embed equity, diversity, inclusion, & trauma informed care approaches

## Who we are

We are a multidisciplinary team committed to working with schools and school districts to support health promotion and illness prevention in school communities.

Our team includes Medical Health Officers (MHOs), Public Health Dietitians, Public Health Nurses, School Health Promoters, and a wide range of specialized health supports, including:

- Licensing
- Dental
- Audiology
- Environmental Health
- Injury Prevention
- Tobacco & Vapour Prevention & Control
- Data Analysis

## FOCUS AREAS



NUTRITION, FOOD & WATER SECURITY



MENTAL WELLNESS



SUBSTANCE USE LITERACY & PREVENTION



INJURY PREVENTION



HOLISTIC WELLBEING



SEXUAL & REPRODUCTIVE HEALTH



CLIMATE ACTION



PHYSICAL ACTIVITY & LITERACY

Island Health Population & Public Health adopts the *Comprehensive School Health Approach* to address school health holistically & improve education outcomes.

# Examples of Support



Panel Presentations  
Research & Resources  
Health & Wellness Events  
Active Transport Initiatives  
Food & Nutrition Consultation  
School District Health Planning  
Support Youth-Led Health Initiatives  
Professional Development & Knowledge Sharing



Navigate & Provide Evidence-Based Health Information  
Youth Sexual Health Clinics & Wellness Centres  
Develop & Share Health-Related Information  
Health Data Sharing & Interpretation  
Navigate Funding Opportunities  
Linking to Community Partners  
Referrals to Clinical Partners  
Health System Navigation  
Immunizations



Please send requests, questions or feedback to:  
[healthyschools@islandhealth.ca](mailto:healthyschools@islandhealth.ca)

and/or contact:



For substance use clinical supports & referrals for children, youth & family, please contact: 250-519-5313