

## When to seek emergency care



**I**nability to speak, walk, or follow directions

**C**onfusion (severe)

**Y**ellowing (of the skin and eyes that is sudden)

**B**leeding/trouble breathing

**E**ncephalopathy

**N**ausea/vomiting (severe)

**D**rowsiness (severe)

**S**harp pain in belly/chest that doesn't go away



## About the Liver Care Clinic

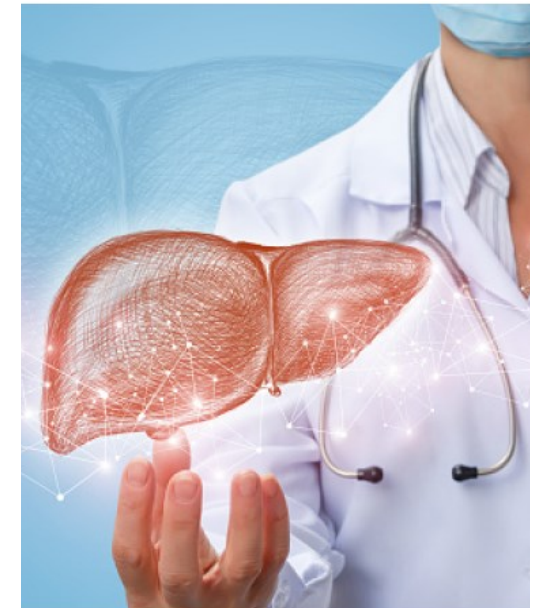
The Liver Care Clinic (LCC) aims to support those living with advanced liver disease.

Our small specialized team will work with you to meet your individualized goals.

To learn more, visit our website.

[www.islandhealth.ca/our-locations/medical-and-surgical-outpatient-locations/clinic-liver-care-clinic](http://www.islandhealth.ca/our-locations/medical-and-surgical-outpatient-locations/clinic-liver-care-clinic)

**Liver Care Clinic**  
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Tel: 250-370-8220 ext. 13081



## Liver Care Clinic

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Care



If you have any of the symptoms below, **DO NOT DRIVE.**

Call 9-1-1 or get someone to take you to emergency immediately!

Cirrhosis Complication	Symptoms
<p><b>Bleeding Varices</b></p> <p>Bleeding from enlarged veins in the esophagus or stomach bursting open</p>	<ul style="list-style-type: none"> <li>• Vomiting blood or something that looks like coffee grounds</li> <li>• Black, tar-like bowel movements</li> </ul> 
<p><b>Encephalopathy</b></p> <p>Confusion or sleepiness from a buildup of toxin in the blood</p>	<ul style="list-style-type: none"> <li>• Fever</li> <li>• Severe confusion or sleepiness</li> <li>• Inability to speak, walk, or follow directions properly</li> <li>• Severe nausea or vomiting</li> </ul> 
<p><b>Infection in ascites or pleural fluid</b></p> <p>Infection in fluid buildup in the belly or around the lungs</p>	<ul style="list-style-type: none"> <li>• Fever</li> <li>• New or sharp pain in belly or chest that doesn't go away</li> <li>• Trouble breathing</li> <li>• Severe nausea or vomiting</li> </ul>  
<p><b>Jaundice</b></p> <p>Yellowing of the skin and eyes</p>	<ul style="list-style-type: none"> <li>• Skin or eyes suddenly turn yellow</li> </ul>