### Where to get immunized

- Your local pharmacy:
- www.bcpharmacists.org/searchpharmacy
- Register to get the COVID and annual flu vaccine :
- www.getvaccinated.gov.bc.ca/s/
- \*\*note: if you are having any trouble getting vaccinated please speak with a member of our team





#### Liver Care Clinic

Royal Jubilee Hospital 1952 Bay Street Victoria, BC Canada V8R 1J8

Phone: 250-370-8220 Ext 13081

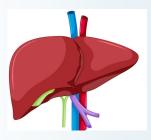
Fax: 250-370-8638

*E-mail:* LiverCareClinic@islandhealth.ca

# Recommended Immunizations

Liver Care Clinic







## Why is getting vaccinated important?

- Cirrhosis can weaken your immune system and make you more likely to get sick from viruses<sup>1</sup>
- Your risk is lowered with regular vaccinations<sup>1</sup>
- Vaccination also protects your
   liver from extra damage caused
- . https://cirrhosiscare.ca/healthy-living-patients/immunizations-patient/
- https://www.liver.ca/wp-content/uploads/2021/11/Liver-Cirrhosis-Patient-Information-and-Toolkit.pdf

### My Immunization Schedule

\*these are all publically funded vaccinations

Vaccine	How Often?	Date Given	Date Given	Date Given
Tetanus Diphthe- ria (Td)	Every 10 years			
Hepatitis B	<ul> <li>Initial dose</li> <li>2nd dose at 1 month</li> <li>3rd at 6 months</li> </ul>			
Flu Shot	Yearly			
COVID	At least 1 dose			
Pneumococcal 23	<ul><li>initial dose</li><li>2nd dose at 5 years</li></ul>			Only 2 doses needed -
Hepatitis A	<ul><li>Initial dose</li><li>2nd dose at 6 months</li></ul>			Only 2 doses needed -

<sup>\*\*\*</sup>Please update clinic team following any vaccinations !!\*\*\*