

# Patient Partner Readiness Self Assessment Tool

June 3, 2024



This self assessment tool is designed to help you assess your readiness for participating as a patient partner.

1. I am interested in patient engagement and am motivated to use my lived/living experience as a patient, family member and/or caregiver in the health care system to improve quality initiatives.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
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2. I have experience speaking in a group setting and/or feel confident in my ability to do so.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
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3. I respect other opinions, even if I do not agree.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
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4. I recognize that some content may come up in the engagement which may cause me to experience unexpected emotional responses.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
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5. I have a plan and support in place for coping with any strong emotional responses that may occur during the engagement.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
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6. I can advocate for myself.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
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If you have responded with "Neutral," "Disagree," or "Strongly Disagree" to any of the statements above, we kindly encourage you to reassess whether Partnership is the most suitable option for you at this time. If you would like to discuss your responses or if you are still unsure if you are ready for partnership, please reach out to

[patient.experience@islandhealth.ca](mailto:patient.experience@islandhealth.ca)